# Placental Maspin Gene Expression Pattern May Be Used to Distinguish Between Preeclampsia and Intrauterine Growth Restriction

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## ABSTRACT

**OBJECTIVE:** Maspin is one of the members of serin protease inhibitor superfamily, and acts as a tumor suppressor protein. Here we report maspin expression in placental tissues of preeclampsia or intrauterine growth retardation pregnancies.

**STUDY DESIGN:** Maspin expression level was analyzed by semi-quantitative RT-PCR method. For this purpose, placental tissue samples were obtained from pregnancies 13 with intrauterine growth retardation, and 6 with preeclampsia, and also 12 tissues from women without preeclampsia or intrauterine growth retardation history were included as controls.

**RESULTS:** Maspin expression was found to be 11-fold higher in placentas from preeclampsia patients than placentas from intrauterine growth retardation patients (p=0.036). However, there was no difference between preeclampsia and control groups (p=0.76), and intrauterine growth retardation and control groups (p=0.849).

**CONCLUSION:** As far as we know this is the first study reporting expression level of maspin in placental tissues of pregnancies with intrauterine growth retardation. These findings support that molecular pathology between preeclampsia and IUGR might be different at the molecular level and maspin levels in the placenta may be used to differentiate preeclampsia from IUGR.

Keywords: Intrauterine growth restriction, Maspin, Preeclampsia, Pregnancy

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## Introduction

Intrauterine growth restriction (IUGR) points to a situation in which a fetus cannot reach the genetically determined potential size (1). It has been reported that IUGR is observed nearly 7-10% of all pregnancies and it found to be related with increased risk of neonatal morbidity and mortality (2,3). While IUGR affects the fetus, preeclampsia which is characterized by the onset of hypertension and proteinuria in previously normotensive women after the 20<sup>th</sup> gestational weeks affects pregnant women and fetus and observed 5-8% of all pregnancies (4,5).

Preeclampsia and IUGR are disorders that are associated with defects of early placental development (6). The placenta is a very complex structure and contains many types of cells include connective tissue fibroblasts, vascular cells, mesenchymal stem cells, syncytiotrophoblast, villous/extravillous cytotrophoblast, and extravillous cytotrophoblast cell is one of the main cell types of the placenta (7). During the development of placenta and embryo, it is expected that extravillous cytotrophoblast cells moving to endometrium and myometrium, and the endothelial layer of mater-nal spiral arteries is replaced with extravillous cytotrophoblasts cells (8,9).

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Decreasing invasion rate of extravillous cytotrophoblast cells during this period might be the underlying reason for the development of preeclampsia and IUGR (5).

Mammary serine protease inhibitor (maspin) is a serine protease inhibitor and acts as a tumor suppressor gene which affects tumor cells and reduces invasion, metastasis, and angiogenesis (10,11). It also has been identified in human placentas, differentially expressed throughout gestation in accordance with cytotrophoblast invasion during implantation, early placental development, downregulated and later in gestation up-regulated. Thus, Maspin is considered as an inhibitory regulator of cytotrophoblastic invasion during pregnancy (12). Based on these findings, in this study, we aimed to detect the maspin expression in preeclamptic and intrauterine growth restriction placentas and to understand the role of maspin expression in the development of preeclampsia and IUGR.

## **Material and Method**

A prospective and controlled study was performed at Baskent University Faculty of Medicine, Ankara, Turkey; 13 patients with IUGR, 6 patients with preeclampsia, and 12 control individuals were included in the study. The diagnostic criteria used for the preeclampsia patients were as follows: newonset hypertension, blood pressure ≥140/90 mm Hg on at least two measurements that were 4 hours to 1 week apart, and proteinuria >300 mg in a 24-hour urine collection after 20 weeks of gestation. The diagnostic criteria used for the IUGR patients were as follows: birth weight  $\leq 10^{\text{th}}$  percentile and antenatal evidence of uteroplacental insufficiencies such as oligohydramnios, abnormalities in the biophysical profile, nonstress testing, or umbilical artery Doppler waveform. The placental tissues were obtained immediately following delivery from patients with singleton pregnancies complicated with preeclampsia, IUGR, and uncomplicated pregnancies. Patients who had gestational diabetes mellitus, intrapartum infection, chronic hypertension, renal disease and premature rupture of membranes, were excluded from this study. Informed consent was obtained from all patients and controls. The Local ethical committee approved this study (DA08/19). This study was performed in accordance with the principles of the Declaration of Helsinki.

## Sample collection

Fresh placentas samples which were obtained from the central region of the placenta immediately after extraction from the uterus were trimmed to  $1 \times 1$  cm (mean surface area

equal to 1 cm<sup>2</sup>) along the placental thickness from the basal toward the chorionic surface. Firstly, maternal blood was excluded by vigorous washing in phosphate-buffered saline and then some samples were fixed in 4% paraformaldehyde and others were immediately cryopreserved with liquid nitrogen and stored at -70 °C.

### **Genetic Analysis**

Total RNA was extracted from placental villi of IUGR, preeclampsia patients, and controls with TriPure isolation reagent according to the manufacturer's instructions (Roche Diagnostics GmbH, Mannheim, Germany). One microgram of total RNA was reverse transcribed to complementary DNA using the Transcriptor First-Strand cDNA Synthesis Kit (Roche Diagnostics, GmbH, Mann-heim, Germany). The expression level of Maspin was determined using LightCycler FastStart DNA MasterPLUS SYBR Green I Kit (Roche Diagnostics, GmbH, Mannheim, Germany). PCR parameters were as follows: pre-incubation step at 95 °C for 10 minutes, quantification step for 45 cycles at 95 °C for 10 seconds, 60 °C for 10 seconds, and 72 °C for 10 seconds. Following the amplification, melting curve analysis was performed. TATA-box binding protein (TBP) was used as a housekeeping gene. Relative gene expression data were analyzed using the 2 (-Delta Delta C (T)) method (13). Primer sequences of the target genes are listed in table I.

#### Statistical analysis

SPSS Statistical 17 package (SPSS Inc., IL, Chicago, USA) program was used for statistical analysis of the data. Significant differences between groups were determined using independent samples *t*-test. A *p*-value of less than 0.05 was considered statistically significant.

## Results

We studied 31 pregnant patients (13 IUGR, 6 preeclampsia, and 12 control individuals) and clinical characteristics of patients were presented in table II. There was no statistical significance between clinical characteristics and groups. The mean maternal age was  $26.5\pm4.91$ ,  $27.2\pm4.29$  and  $28.2\pm4.02$ years in preeclampsia, IUGR, and control groups. The mean gestational age at delivery was  $32.4\pm1.4$  weeks for preeclamptic patients,  $35.38\pm1.2$  weeks for IUGR patients and  $37.6\pm0.6$ weeks for control patients. The mean birth weight was 1782.8 $\pm601.5$ ,  $1564.1\pm711.1$  and  $2975.3\pm639.2$  in preeclampsia, IUGR and control groups.

**Table I:** Primers used for real-time polymerase chain reaction analysis.

Forward primers (5' to 3')	Reverse primers (5' to 3')
GTCCACAGGCTTGGAGAAG	ACAAGCCTTGGGATCAATCA
CACGAACCACGGCACTGATT	ATTTTCTTGCTGCCAGTCTGGAC
	Forward primers (5' to 3') GTCCACAGGCTTGGAGAAG CACGAACCACGGCACTGATT

Footnote: \*TBP: TATA box binding protein

	Control (n=12)	PE (n=6)	IUGR (n=13)
Maternal Age (years)	28.2±4.02	26.5±4.91	27.2±4.29
BMI at delivery (kg/m <sup>2</sup> )	26.3±1.7	28.4±1.2	27.3±0.9
Gravidity (median, range)	2 (1-4)	1 (1-3)	1 (1-3)
Primiparity, n (%)	8 (66%)	4 (66%)	8 (62%)
Cigarettes	2	1	3
GA at delivery (wk)	37.6±0.6	32.4±1.4	35.38±1.2
SBP (mm Hg)	107.0±1.8	154.2±2.4	104.7±1.9
DBP (mm Hg)	69±1.5	101±3.8	72±1.7
Proteinuria (g/24 h)	0.28±0.41	2.1±1.41	0.39±1.56
Antenatal steroids	0	6	8
Magnesium sulfate	0	6	0
Neonatal Male/female	5/7	3/3	5/8
Birth Weight (g)	2975.3±639.2	1782.8±601.5	1564.6±711.1
Apgar 5 min	8.8±0.4	7.7±0.5	5.9±0.9

Table II: Clinical details of the pregnant women with preeclampsia, IUGR, and the matched nor-mal control group

*BMI:* Body mass index; GA: Gestational age; SBP: Systolic blood pressure; DBP: Diastolic blood pressure; IUGR: Intrauterine growth restriction. The values are presented as means ± SDs. / all p values > 0.05

Semi-quantitative RT-PCR analysis revealed that there was a statistically significant difference between the placentas from preeclampsia and IUGR patients in terms of maspin expression (placentas from preeclampsia patients was 11-fold higher than placentas from IUGR patients) (p=0.036) (Figure 1). However, there was not a statistically significant difference of Maspin expression between preeclampsia vs control groups (p=0.76), and IUGR vs control groups (p=0.849).



**Figure 1:** qRT-PCR analysis of Maspin in the placentas from pregnancies with IUGR, preeclampsia and the control groups. Maspin expression in placentas from preeclampsia patients was 11-fold higher than placentas from IUGR patients (p= 0.036). (IUGR: Intrauterine Growth Restriction, qRT-PCR: quantitative Real Time-Polymerase Chain Reaction)

## Discussion

Maspin is considered a tumor suppressor gene because it has inhibitory effects on the motility, invasion, and metastasis of several cancer cells (11). Hypomethylation of Maspin has been shown to be related to inhibition of cytotrophoblastic invasion during pregnancy. Therefore, we aimed to ana-lyze Maspin expression in placentas from preeclampsia and IUGR pregnancies. To the best of our knowledge, this is the first study to evaluate Maspin expression in placentas from IUGR pregnancies and compare Maspin expression in placentas from preeclampsia and IUGR pregnancies. In this study, firstly, although we observed that there was not a statistically significant difference of Maspin expression between IUGR vs control groups (p=0.849), these were the first data about the association between IUGR and maspin expression in placentas. Secondly and interestingly, the qRT-PCR analysis revealed that Maspin expression in placentas from preeclampsia patients was 11-fold higher than placentas from IUGR patients and there was a statistically significant (p=0.036).

Placental trophoblast cell differentiation and invasion of extravillous cytotrophoblast cells to endometrium and myometrium and replacing with an endothelial layer of the maternal spiral arteries are necessary for the formation of the normal placenta and significant changes in gene expression pattern were detected during this stage (4,14,15). Dysregulation of these gene expression patterns and consequent any abnormality during placenta formation may cause preeclampsia that is the primary cause of maternal and perinatal morbidity and mortality worldwide (4,11). Therefore, the epigenetic mechanism was found to be important in the development of preeclampsia (16-18). Currently, a number of genes such as cytokine-receptor genes, obesity-related genes, and apoptosisrelated genes have been identified related to the development of preeclampsia (18).

Maspin which is a tumor suppressor gene and inhibits invasion, motility, and metastasis of tumor cells and neoangiogenesis, is one of these genes (11). Maspin expression was downregulated via promoter methylation and this effect were studied previously in different cancer type (19,20). It has been also reported that maternal plasma concentrations of unmethylated maspin sequences were found to be higher in 5.7fold in preeclamptic pregnancies that have dysfunction of trophoblast in-vasion and reduced neoangiogenesis of the placenta, compared to healthy pregnancy controls (21). Additionally, Liu et al. (10) showed that maspin was localized in the syncytio-cytotrophoblast layers, and its expression was found to be increased in the preeclamptic placenta section compared to the matched control. Our finding supports the previous literature that maspin expression was found to be increased in placentas from preeclampsia group.

Both preeclampsia and normotensive IUGR are associated with decreased invasion of extravillous cytotrophoblast cells causing to incomplete replacing with an endothelial layer of the maternal spiral arteries (22). However, in the literature, differences are shown in the placenta of preeclampsia and normotensive IUGR (23,24). Goswami et al. (25) showed that placentas in early-onset preeclampsia have more necrosis and syncytial knots area that are clusters of pre-apoptotic/apoptotic nuclei than placentas in normotensive IUGR. Lorenzi et al. investigated the expression of a different form of High-Temperature Requirement A Serine Peptidase 1 (HtrA1) in placentas from preeclampsia and IUGR. (26). HtrA1 which is a member of the family of HtrA proteins has serine protease activity. They observed that a significant increase of ~30 kDa form of HtrA1 in placentas from preeclampsia and a significant decrease in the total in placentas from IUGR. As a result of this, they suggested that HtrA1 alterations may be used to differentiate preeclampsia from IUGR. In our study, on the contrary to the preeclampsia group, IUGR group have similar maspin expression level with the control group. The final net result between those contrast mechanisms may increase in maspin level and it could be suggested that proteins have serine protease activity (HtrA1) and inhibitor effects on serine protease (maspin) are essential for normal placental development and expression of these proteins are different between placentas from preeclampsia and IUGR. Therefore, we speculated that maspin levels in the placenta may be used to differentiate preeclampsia from IUGR.

Serine protease inhibitors (SERPINs) which regulate many biological processes such as inflammation, wound healing and coagulation, are a superfamily containing at least 37 proteins (27). SERPINs play a role in the pathology of various diseases such as Parkinson's disease, cystic fibrosis, cerebral hemorrhage, stroke, and Alzheimer's disease (27). Additionally, recently, it has been shown that SERPINs can also play a role in placental diseases (28,29). In the study of Chelbi et al. (27), they showed that T allele of SERPINA3 (Serpin peptidase inhibitor clade A member 3) increases the risk of IUGR, while a G allele increases the risk of preeclampsia. As a result of this, they said that the regulation of SERPINA3 by a combination of epigenetic, genetic and TF-mediated regulations is important for the pathogenesis of different placental diseases. In our study, we aimed to analyze Maspin (encoded by SER-PINB5) in placentas from preeclampsia and IUGR pregnancies and we revealed that Maspin expression in placentas from preeclampsia patients was 11-fold higher than placentas from IUGR patients. Therefore, we speculated that the regulation of SERPINB5 (maspin) may be important for the pathogenesis of different placental diseases.

The present study has some limitations include the number of patients in the preeclampsia group is almost half of the other groups and cigarette smoking which may affect results did not exclude. Additionally, we observed that higher maspin expressions in the preeclampsia group than the control group; however, there was no statistically significant difference between them different from literature (18), and we assume that the reason for this might be the small patient population. Additional well-designed, large-scale studies are required to improve our understanding of associations be-tween maspin expression and pregnancy complications associated with placental insufficiencies such as IUGR and preeclampsia.

# Conclusion

This finding suggests that molecular pathology between preeclampsia and IUGR might be different at the molecular level and maspin levels in the placenta may be used to differentiate preeclampsia from IUGR. However, wider gene sets should be analyzed to unravel the molecular difference between preeclampsia and IUGR.

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Author contributions: Study concept and design: GO, YKT, Writing Manuscript: GO, YAT, Acquisition of data: YKT, FIS, EY, Analysis and interpretation of data: YAT, HBZ, GO, Drafting of the manuscript: YAT, HBZ, GO, EK, Critical revision of the manuscript for important intellectual content: GO, YAT, HBZ, FIS, EK, EY, YKT, Statistical analysis: YKT.

Conflict of Interest Statement: The authors of this paper have no conflicts of interest, including specific financial interests, relationships, and/or affiliations relevant to the subject matter or materi-als included.

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